

# 4Kscore<sup>®</sup>

## A Precision Test for Risk of Aggressive Prostate Cancer



# How to Evaluate Risk for Prostate Cancer?

4Kscore

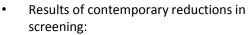
- PSA is a good screening tool
- But abnormal PSA leads to over 1 million prostate biopsies each year
  - Low yield: 75% of biopsies show no cancer or indolent cancer<sup>1</sup>
  - Unnecessary surgical removal of prostate: 66% of indolent cancers on biopsy are confirmed indolent when the prostate is removed<sup>2,3</sup>
  - Adverse events: Hospitalization, bleeding, infections, septicemia<sup>4</sup> and with therapeutic interventions - complications of surgical removal or radiation
- **Preventative Services Task Force** recently drafted a change in their PSA guidelines, indicating it should be an individual decision for men aged 50-69 years
- **National Comprehensive Cancer Network** updated their guidelines to indicate the increased risk from prostate cancer in African-American men, who may need earlier screening

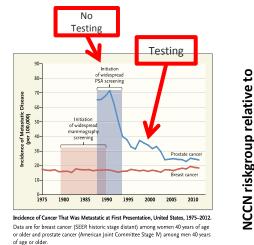
1.Parekh D et al European Urology 2015; 2. Eggener S et al J Urol 2015; 3.Jalloh M et al. European Urology 67:451, 2015; 4.Nam RK et al J Urol 189:S12, 2013 5. USPSTF: screeningforprostatecancer.org/ 6. NCCN Prostate Cancer Early Detection v. 1.2017

#### Should we just abandon screening?.... NO

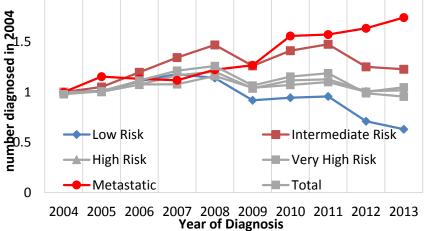
2

- Prostate cancer remains a lethal disease
- Second leading cause of cancer death in US men



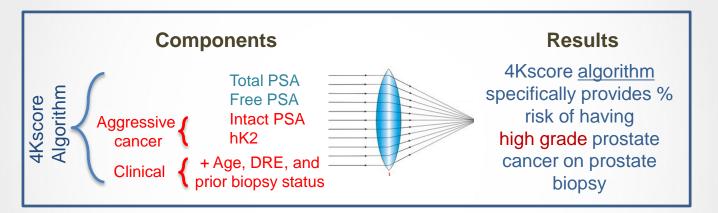


MORE Metastatic/Lethal disease



#### **4Kscore**

A follow up test to identify risk for high grade, aggressive prostate cancer



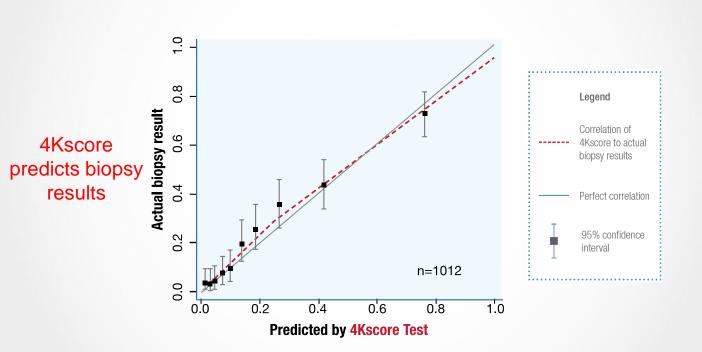
4Kscore

- Commercial, CLIA certified laboratory developed test, included in NCCN Guidelines with a CPT Category I code and Medicare National Price
- Designed to identify risk of aggressive prostate cancer
- OPKO Intact PSA and hK2 associated with poorly differentiated prostate cancer<sup>1-3</sup>

1. Denmeade et al Prostate 48:1-6, 2001; 2. Avergis et al Biol Chem 393:301-17, 2012; 3. Kontos et al Clin Chem Lab Med 50:1877, 2012.

#### **4Kscore** Predicts Risk of Aggressive Prostate Cancer

Validated in a prospective, blinded, multicentre US study of 1012 men using current prostate cancer protocols

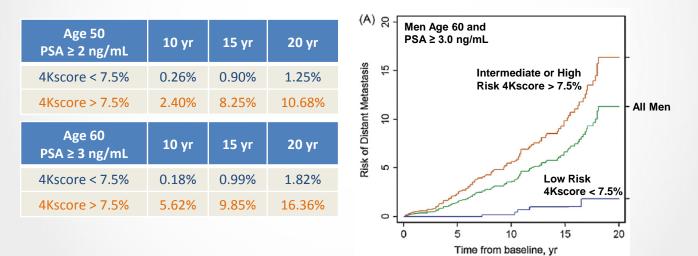


4Kscore

**4Kscore** Categorizes Long Term Risk of Developing Distant Metastasis

Men who have a low risk 4Kscore test are at low risk for distant metastasis up to 15-20 years later

4Kscore



Stattin et al. Eur Urol. 2015; 68: 207-213

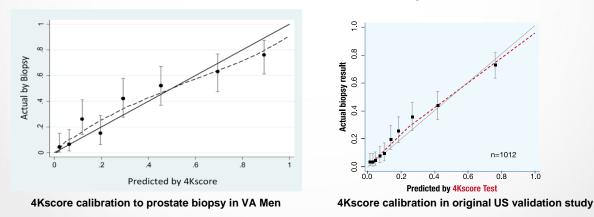
#### **4Kscore** Study in the VA Health System

 Multi-institutional, prospective trial involving 8 Veteran's Affairs sites around the nation

4Kscore

• Compared the performance of 4Kscore between African-American and non-African-American men

366 Men prospectively enrolled with 4Kscore and biopsy data 208 (56%) men were African American 131 (36%) men were found to have Gleason 7+ prostate cancer

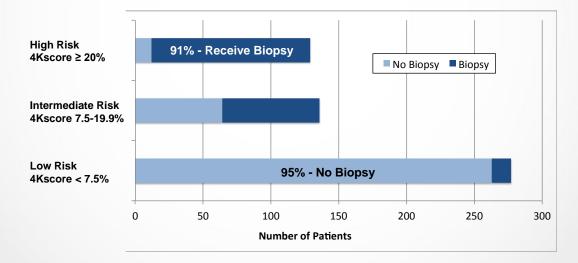


1. Punnen et al. J Urol. 2017 Apr; 197(4)(Suppl.):e1356-e1357. 2. Parekh et al. Eur Urol. 2015; 68: 464–470

# **4Kscore** Substantially Reduces Biopsy Rate in Low Risk Patients



- 611 subjects with suspicion of prostate cancer seen by 35 urologists
- Overall biopsy reduction rate = 65%
- 542 (89%) of the biopsy decisions were impacted by the 4Kscore. In this group:
  - 95% of 4Kscore <u>low risk</u> group did not receive prostate biopsy
  - 9% of 4Kscore <u>high risk</u> group did not receive a prostate biopsy



# **4Kscore** in Clinical Practice

 Reduces uncertainty by providing an accurate risk percentage for aggressive prostate cancer

4Kscore

- Excellent calibration with prostate biopsy results
- VA study group had a majority of African-American men and demonstrated similar accuracy to previous studies
- Predicts risk of distant metastasis for up to 20 years
- Included in National Clinical Guidelines
- Reduces prostate biopsies by up to 65%
- Reduces complications and pain from unnecessary prostate biopsies and potential unnecessary treatment
- Reduces cost of unnecessary procedures

# 4Kscore Summary

## Paradigm shift

 Continue screening of men to find aggressive prostate cancer early

4Kscore

- Avoid immediate biopsy in all men with a suspicious PSA
  - Reduce complications from unnecessary procedures
  - Reduce healthcare cost
- Provide a continuous risk score with risk categories
  - Reduce uncertainty in physician-patient shared decision making
  - Provide actionable, accurate, and easily interpretable results
- Acceptance amongst payors and providers