PROSTATE CANCER SUPPORT ASSOCIATION OF NEW MEXICO Conference: Living and Thriving with Prostate Cancer A conference dedicated to the memory of Dr. Peter Lindberg Saturday, November 10, 2018 9:00 am to 4:45 pm Sandia Preparatory School 532 Osuna Road NE Albuquerque, NM

#### <u>Morning</u> —

- 9:00–9:15 Welcome Steve Denning (PCSANM Board Chairman)

   Intro to Morning Moderator Joe Diaz (Action 7 News Chief Meteorologist)
- 9:15–10:15 <u>Panel Informing Friends, Family, Coworkers and Others about your PCa</u> <u>4 members of PCSA. - What worked and what didn't work.</u>

### 10:00–10:30 — Break

- 10:30–11:15 Diet and Nutrition Jan Esparza (Presbyterian)
- 11:15–12:00 Bone Health for Prostate Cancer Patients -Ken Smith (Presbyterian)
- 12:00–1:00 Lunch Break; lunch, snacks, and drinks are available for purchase in the school cafeteria

# <u>Afternoon</u> —

- 1:00 -1:15 PCSA Steve Denning (PCSA Board Chairman)
   o Intro to Afternoon Moderator Dr. Thomas Schroeder (UNMCCC)
- 1:15–2:00 <u>Sexual issues after PCa Treatment Molly Adler</u> (Sex Therapy NM)

#### 2:00–2:15 — Break

- **2:15–3:50** Breakout sessions (2 cycles of 45 minutes each, 5 minute shift time between cycles) each session on a different topic
  - o Exercise and fitness George Frazier (Fifty and Fit)
  - Improv Medicine an Entertaining Way to foster communication between patient & medical professionals – Jason Pfiefer & Irene Loy (Improv Medicine, Taos)
  - o Travel Issues- Urological, Meds, Comfort, TSA help Judy Fuller (Sun Tours)
  - <u>Costs, Insurance paying for medical treatment Stephanie Michnovicz (Cancer</u> <u>Services of New Mexico)</u>
- 3:50–4:35 <u>Being Alert for Potential PCa Recurrence Fabio Almeida</u> (Phoenix Molecular Imaging )
- 4:35–4:45 Thanks/Closing Remarks Steve Denning (PCSANM Board Chairman)
- 5:00 Clear the building

# Exhibitors (invited)—

- AccumetRx/Urology Group of New Mexico
- Albuquerque Urology Associates
- American Cancer Society
- Bayer (Xofigo)
- Cancer Center at Presbyterian
- Cancer Services of New Mexico
- Dendreon (Provenge)

- Genomic Health (Oncotype DX)
- Janssen Biotech (Zytiga)
- New Mexico Cancer Center
- Pfizer Inc./Medivation (Xtandi)
- Santa Fe Radiology
- UNM Cancer Center



